

## **SAMPLE SAFETY BRIEFING – POLICE – USE OF FORCE TRAINING**

Good Morning,

I will be the safety officer for today's use of force training, and I will be conducting the safety briefing.

Training officer Johnson and I have reviewed the lesson plan for today's training and we are confident that we will have a safe training session. We must all be diligent to ensure that nothing off script occurs this morning. If an activity is not in the lesson plan it will not be allowed to occur. Part of my job is to watch for and stop any "off script behavior".

When the officers are paired up for training, we will be referring to one as "the officer" and the other as "the coach". Coaches do not defeat officers but rather create an environment to win. We expect coaches to challenge officers and to make them work for their success. Coaches are empowered to stop the training if it is off script, counsel and then reset to repeat the training.

If you need the training to stop say – "TIME OUT"

If you hear the words TIME OUT, Immediately stop what you are doing and repeat the words TIME OUT. Let's try this once... "TIME OUT" (they should answer.....)

I also have a whistle that I will blow if we need everyone to stop. IF you hear the whistle, stop what you are doing immediately.

Again the word to stop training is "TIME OUT" (get them to repeat it back).

We have taped off out of bounds areas near the edges of the mats. If any officer step on or across the taped line the activity must stop immediately.

If you have a pre-existing injury that would prevent you from completing the training today please see me after the safety briefing. If any of you have a recent injury that might limit your ability to train today see after the briefing.

We have inspected the mat room. All the mats are in place and are locked together. We have added padding to the door knobs and white board areas. If you see that a mat is not in position or if you have any other safety concerns let me know immediately.

The hand-held pads have been laid out at the back of the room.

We have one of our trauma kits outside the training room in the hallway. It has an AED and O-2. Both were checked this morning. In addition, we have laid out cold packs, Band-Aids and antiseptic wipes at the back of the room. If we have a serious medical emergency I will tend to the victim and Sgt. Anderson will call 911. He will also assign one of you to meet the incoming EMS responders.

You can bring your plastic water bottles into the room and leave them by the first aid area. The water fountain and bathrooms are down the hall on the left.

We have opened some of the training room windows and will open more and start the fans as the room becomes warmer.

There will be three breaks in today's training.

Training will begin with Sgt. Anderson leading you in warm up exercises and stretching. There will be warm up exercises each time you come back from a break.

I will be observing the entire session. Please see me with any safety concerns or if you are injured.

Today's training is aggressive but can be safely accomplished if we maintain a focus on safety."