

# League of Minnesota Cities Insurance Trust

## Video Catalog

2016



### LMCIT Video Catalog Offers:

- **FREE Loans**
- **Over 125 Videos**
- **Risk Management, Safety, and Loss Control Information for LMCIT Members**

This catalog is available online on the LMC Website: [www.lmc.org](http://www.lmc.org)

Updated 12/15/2016

**THIS CATALOG REPLACES ALL PREVIOUS CATALOGS.**  
**VIDEOS LISTED IN EARLIER CATALOGS ARE NO LONGER AVAILABLE.**

## **INTRODUCTION**

These videos are provided as a Loss Control service in the interest of proactive risk management, loss control, and employee safety. The videos are intended for distribution on a free “library loan” basis. We hope the videos are helpful to you and your entity in risk management, loss control, and employee safety efforts.

The information provided on the videos listed in this catalog is intended to help support sound risk management and loss control decisions. This benefits everyone by helping to create communities that are generally free from extraordinary hazards to citizens and the general public, and to help reduce the costs associated with claims and losses.

No videotaped information, however, can be a substitute for *proactive and ongoing* risk management, loss control, and employee safety programs conducted under the direction and ownership of the entity it serves. The League of Minnesota Cities Insurance Trust (LMCIT) and its administrator, Berkley Risk Administrators Company, LLC (BRAC), make no warranty, expressed or implied, concerning the accuracy or fitness for use of the information provided on the videos offered in this catalog. **Always** verify the accuracy of any information before it is used.

Opinions expressed are solely those of the presenter(s) and do not necessarily reflect the opinions or advice of LMCIT or BRAC. Always consult with appropriate legal counsel on all issues with legal implications.

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Send an email to [ctuttle@lmc.org](mailto:ctuttle@lmc.org) listing the videos you want to view. Be sure to include complete mailing information.

Or complete the form at the end of the catalog and email it to [ctuttle@lmc.org](mailto:ctuttle@lmc.org).

**Please allow 10 days for shipping and handling.**



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**Employee Wellness**  
**Ergonomics**  
**Fire Services**

**Forklifts-Lift Trucks**  
**Harassment**  
**Heat Stress**  
**Lifting/Back Safety**  
**Lockout/Tagout**  
**Office Ergonomics**  
**OSHA**  
**Parks & Rec**  
**PPE**

**Police/Law Enforcement**  
**Public Works**  
**Scaffolding/Heights**  
**Safety On the Job**  
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**Stress**  
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**Violence/Conflict**

### Bloodborne Pathogens

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- #140 Bloodborne Pathogens: Hepatitis B, HIV (Schools)
- #267 Bloodborne Pathogens for Fire & Rescue
- #268 Bloodborne Pathogens for Law Enforcement
- #281 Getting the Job Done Safely: Worker Safety Orientation
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- #295 Bloodborne Pathogens for Public School Teachers
- #309 Bloodborne Pathogens: Just the Facts

### Driving Safety

- #104 Driving Safety: It Only Takes a Second
- #105 Distracted Driving
- #106 Backing Parking for Cars & Li Trucks
- #115 Winter Driving
- #203 Defensive Driving: What is your Decision?
- #239 Don't Meet by Accident: Guide to Safe Driving
- #276 Distracted Driving: Real Accidents, Real Stories
- #285 Driven to Distraction: Drive Safely
- #289 Before You Turn the Key (Driving Safety)
- #296 Driving-Pre-trip Inspection: A Circle of Safety
- #293 Working Safely with Snow Plows & Other Snow Removal Vehicles
- #302 Implementing a Comprehensive Safe Driving Program
- #315 Defensive Driving for Government Employees
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- #317 Drowsy Driving: It's Your Wake Up Call
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- #322 Defensive Driving: Emotional Wreck
- #359 Saved by the Belt
- #361 SceneSafe: Roadway Incident Management for MN First Responders

### Cities: Issues, Policies, & More

- #93 Implementing an Incident Response Program (sewer back-ups)
- #246 Cities & the First Amendment
- #304 Accident Investigation: The Big Picture
- #319 Emergency Action Plan: Crisis Under Control
- #348 Public Building Security: It's Everyone's Concern
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- #270 Transit Security: On the Lookout
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### Cold Weather Stress

- #294 Working Safely in Cold Weather

### Confined Space Entry

- #111 Trenching and Shoring Safety Update
- #147 Confined Space Entry
- #148 Trenching & Shoring Safety
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- #273 Contractor Safety: It's Everybody's Business
- #311 Confined Space Entry: Inside Maneuvers
- #312 Confined Space Entry: Keeping Public Employees Safe
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### Electrical Safety

- #109 Aerial Lift Safety
- #259 Bucket Trucks: Extending Your Safety
- #269 Construction Electrical Safety: Current Control
- #281 Getting the Job Done Safely: Worker Safety Orientation
- #305 Arc Flash: Live to Tell
- #318 Electrical Safety: Beware the Bite!
- #329 Hand Tool Safety Overview: Give Safety a Hand

### Employee Wellness

- #323 Employee Wellness: A Way of Life
- #330 Handwashing: Avoiding Germs & Viruses at Work

**Ergonomics**

- #200 Principles of Office Ergonomics
- #281 Getting the Job Done Safely: Worker Safety

**Fire Service**

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- #308 Autism, Fire-Rescue & EMS
- #321 Emergency Response Driving
- #326 Fire Safety: Alert, Aware, Alive
- #347 Portable Fire Extinguishers
- #361 SceneSafe: Roadway Incident Management for MN First Responders
- #362 The Coming Storm: An Active Shooter tabletop

**Forklifts / Lift Trucks**

- #258 Powered High Lift Trucks-Order Picker Safety
- #259 Bucket Trucks: Extending Your Safety
- #260 Forklift Safety Training Pkg (2 videos)
- #327 Forklift Basics: Safe from the Start

**Harassment**

- #331 Harassment in the Public Sector: A Clear Picture
- #358 No Tolerance: Workplace harassment, Discrimination & Wrong doing

**Heat Stress**

- #261 Heat Stress
- #262 Beat the Heat: Preventing & Treating...
- #284 Heat Stress: Code Red

**Lifting / Back Safety**

- #107 Elements in Back Care for Healthcare
- #281 Getting the Job Done Safely: Worker Safety Orientation
- #288 Safety Orientation: Don't be a Zombie!

**Lockout/Tagout (LOTO)**

- #339 Lockout/Tagout: Lightning in a Bottle
- #340 Machine Guarding: Safeguard Your Future

**Office Ergonomics / Safety**

- #200 Principles of Office Ergonomics
- #342 Office Safety: It's a Jungle Out There

**OSHA**

- #343 OSHA: An Introduction

**OSHA - Various Standards Mentioned**

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- #148 Trenching & Shoring Safety
- #260 Forklift Safety Training Pkg (2 videos)
- #261 Heat Stress
- #266 Cave-in! Trenching & Shoring Safety
- #277 Heightened Awareness: Fall Protection in the Construction Industry
- #306 Asbestos Awareness: Understanding the Risk
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- #324 Eye Protection: Why Gamble?
- #328 Hand Protection: Lessons for a Lifetime
- #332 Hazard Communication: Elements of Safety
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- #334 Hazwoper First Responder Awareness Level
- #341 MRSA Awareness (Cold & Flu)
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- #344 Personal Fall Protection: One Step Beyond
- #345 Personal Protective Equipment: The Right Choice
- #349 Respiratory Protection: Another World
- #354 Trenching and Shoring Safety

**Parks & Rec**

- #140 Bloodborne Pathogens: Hepatitis B, HIV (Schools)
- #247 Training Wheels: Temp/Seasonal Employees
- #257 Landscaping Equipment: Safety & Maintenance
- #263 Landscape Power Tools
- #264 Groundskeeping Safety: Dealing w/ Bugs & Critters
- #265 Groundskeeping Safety: Be a Pro
- #275 Recreational Activity Liability
- #283 Special Events, Special Liabilities
- #295 Bloodborne Pathogens for Public School Teachers
- #301 Safety Procedures for Lawn Mower Operators
- #360 Aquatic Risk Management

**Personal Protective Equipment - PPE**

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- #268 Bloodborne Pathogens for Law Enforcement
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- #282 Hazard Awareness is Everyone's Responsibility
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- #295 Bloodborne Pathogens for Public School Teachers
- #301 Safety Procedures for Lawn Mower Operators
- #306 Asbestos Awareness: Understanding the Risk
- #335 Hearing Protection: Sounds Good to Me
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- #346 Personal Protective Equipment: Public Sector

**Police / Law Enforcement**

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- #321 Emergency Response Driving
- #268 Bloodborne Pathogens for Law Enforcement
- #307 Autism & Law Enforcement
- #361 SceneSafe: Roadway Incident Management for MN First Responders
- #362 The Coming Storm: An Active Shooter tabletop exercise

**Public Works**

- #115 Winter Driving
- #255 Wastewater Backup & Overflow Response
- #256 Wastewater Backup & Overflow Loss Control

**Scaffolding / Working at Heights**

- #279 Putting It All Together: Scaffold Safety
- #280 The Sky's the Limit: Aerial Work Platform Safety
- #344 Personal Fall Protection: One Step Beyond

**Safety On the Job**

- #117 Crane Safety: Overhead Cranes
- #272 Job Safety Analysis (JHA): Coaching Safety Performances
- #278 Controlling the Field: Jobsite Safety Inspection
- #282 Hazard Awareness is Everyone's Responsibility (Safety on the Job)
- #287 Safety Coach: The 7 C's of Safety
- #290 Pro-Active Safety Attitudes
- #304 Accident Investigation: The Big Picture
- #310 Combustible Dust: Up in a Flash
- #314 Construction, Stairways & Ladders: The First Step
- #325 First Aid: Prepared to Help
- #332 Hazard Communication: Elements of Safety
- #335 Hearing Protection: Sounds Good to Me
- #336 Housekeeping: It Ain't Like the Movies
- #338 Just Another Day (Hazard recognition for the experienced worker)
- #340 Machine Guarding: Safeguard Your Future
- #344 Personal Fall Protection: One Step Beyond
- #346 Personal Protective Equipment: Reality in the Public Sector
- #347 Portable Fire Extinguishers
- #348 Public Building Security: It's Everyone's Concern
- #351 Rudy: Safety Takes Courage
- #352 Spill Prevention & Control: Insuring a Safer World
- #356 Welding: Safe Work with Hotwork
- #358 Changing the Way We Think About Safety

**Slips/Trips/Falls**

- #271 Slips, Trips & Falls: Taking the Right Steps
- #336 Housekeeping: It Ain't Like the Movies
- #344 Personal Fall Protection: One Step Beyond

**Snow / Snowplows**

- #293 Working Safely with Snow Plows & Other Snow Removal Vehicles

**Stress**

- #184 Who Moved my Cheese? (Dealing with change)
- #202 Working with Stress
- #353 Stress: You're in Control

**Traffic / Roadway Safety**

- #283 Special Events, Special Liabilities
- #350 Roadway Worker Safety: In the Zone

**Violence / Conflict in the Workplace**

- #270 Transit Security: On the Lookout
- #286 Diversity Now
- #297 Nonviolent Crisis Intervention: Preventive Tech. Advancing Your Verbal Skills:
- #298 Understanding Goals, Power, & Relationships
- #299 "How To" Strategies for Intervening with Challenging Individuals
- #300 Practice Scenarios
- #303 Dealing with Difficult Citizens
- #313 Conflict Resolution: A Win/Win Approach
- #331 Harassment in the Public Sector: A Clear Picture
- #337 Incident Command System: When Duty Calls
- #348 Public Building Security: It's Everyone's Concern
- #357 Workplace Violence: First Line of Defense
- #358 No Tolerance: Workplace Harassment, Discrimination & Wrong Doing
- #362 The Coming Storm: An Active Shooter tabletop exercise



<p>#315 Defensive Driving for Government Employees</p> <p>#316 Distracted Driving: Real Accidents, Real Stories – Part 2</p> <p>#317 Drowsy Driving: It’s Your Wake Up Call</p> <p>#318 Electrical Safety: Beware the Bite!</p> <p>#319 Emergency Action Plan: Crisis Under Control</p> <p>#320 Emergency Action Plan: Lessons Learned from Ground Zero</p> <p>#321 Emergency Response Driving</p> <p>#322 Defensive Driving: Emotional Wreck</p> <p>#323 Employee Wellness: A Way of Life</p> <p>#324 Eye Protection: Why Gamble?</p> <p>#325 First Aid: Prepared to Help</p> <p>#326 Fire Safety: Alert, Aware, Alive</p> <p>#327 Forklift Basics: Safe from the Start</p> <p>#328 Hand Protection: Lessons for a Lifetime</p> <p>#329 Hand Tool Safety Overview: Give Safety a Hand</p> <p>#330 Handwashing: Avoiding Germs &amp; Viruses at Work</p> <p>#331 Harassment in the Public Sector: A Clear Picture</p> <p>#332 Hazard Communication: Elements of Safety</p> <p>#333 Hazard Communication for Public Employees</p> <p>#334 Hazwoper First Responder Awareness Level</p> <p>#335 Hearing Protection: Sounds Good to Me</p> <p>#336 Housekeeping: It Ain’t Like the Movies</p> <p>#337 Incident Command System: When Duty Calls</p> <p>#338 Just Another Day (Hazard recognition for the experienced worker)</p>	<p>#339 Lockout/Tagout: Lightning in a Bottle</p> <p>#340 Machine Guarding: Safeguard Your Future</p> <p>#341 MRSA Awareness (Cold &amp; Flu)</p> <p>#342 Office Safety: It’s a Jungle Out There</p> <p>#343 OSHA: An Introduction</p> <p>#344 Personal Fall Protection: One Step Beyond</p> <p>#345 Personal Protective Equipment: The Right Choice</p> <p>#346 Personal Protective Equipment: Reality in the Public Sector</p> <p>#347 Portable Fire Extinguishers</p> <p>#348 Public Building Security: It’s Everyone’s Concern</p> <p>#349 Respiratory Protection: Another World</p> <p>#350 Roadway Worker Safety: In the Zone</p> <p>#351 Rudy: Safety Takes Courage</p> <p>#352 Spill Prevention &amp; Control: Insuring a Safer World</p> <p>#353 Stress: You’re in Control</p> <p>#354 Trenching and Shoring Safety</p> <p>#355 Understanding the New ADA</p> <p>#356 Welding: Safe Work with Hotwork</p> <p>#357 Workplace Violence: First Line of Defense</p> <p>#358 1) No Tolerance [Workplace behavior] &amp; 2) Changing the Way We Think About Safety</p> <p>#359 Saved by the Belt</p> <p>#360 Aquatic Risk Management</p> <p>#361 SceneSafe: Roadway Incident Management for MN First Responders</p> <p>#362 The Coming Storm: An Active Shooter tabletop exercise</p>
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**#93 (SEWER BACK-UPS) IMPLEMENTING AN INCIDENT RESPONSE PROGRAM**

*The Colorado Intergovernmental Risk Sharing Agency (CIRSA)*  
 Sewer back-ups are a leading source of liability claims against cities. How your city prepares and responds to a sewer back-up emergency can help reduce these loss costs. Learn the steps to implement a pro-active Incident Response Program.  
 33 minutes

**#104 IT ONLY TAKES A SECOND (Driving Safety)**  
 Viewers won’t forget the powerful accident re-enactments and dramatic consequences illustrated in this motivational video.  
 4 minutes

**#105 DISTRACTED DRIVING**  
 Each year more than 40,000 people are killed in motor vehicle crashes and over 3 million injured. This excellent video provides intensive training on the risks associated with distracted driving by discussing the 5 major types of distractions.  
 18 Minutes

**#106 BACKING/PARKING FOR CARS & LIGHT TRUCKS**

Address the cause of 30% of all accidents. Backing accounts for 30% of all accidents. Backing and parking accidents are preventable.  
 14 Minutes

**#107 ELEMENTS IN BACK CARE FOR HEALTH CARE**  
 Learn the basic function and design of the back, body mechanics and movement, various stretches and exercises, and proper techniques for patient moving.  
 16 Minutes

**#109 AERIAL LIFT SAFETY**  
*\*There are 2 companion CDs with this DVD.*  
 Give your employees the skills to prevent aerial lift accidents, injuries and costly damage with this comprehensive program. Employees will learn safe work practices and how to work near electrical lines.  
 13 minutes

**#111 TRENCHING & SHORING SAFETY UPDATE**  
 Meet training requirements for trenching and shoring. Avoid dangerous cave-ins and other accidents. Provides definitions of trenching and excavating. Support systems. Stress factors. Shoring installation. Oxygen deficiency & emergency evacuation.  
 12 minutes

**#113 BACK SAFETY FOR FIRST RESPONDERS**

This program teaches back safety techniques specific to EMTs, firefighters and law enforcement officers, as well as exercises to keep back muscles strong and flexible. 20 min.

**#114 BLOODBORNE PATHOGENS FOR SCHOOL EMPLOYEES**

Covers the three main bloodborne pathogens putting your faculty at greatest risk in the job – HIV, Hepatitis B, Hepatitis C. Addresses Standard Precautions school employees need to follow in order to protect themselves from transmission.

16 minutes

**#115 WINTER DRIVING** (ICON Training)

Tips to safely handle a vehicle in winter weather: assess road conditions, predict how vehicle will react in different situations & conditions, keep vehicle under control. Teaches utility and straight truck drivers the techniques needed to be safe winter drivers. This video is applicable to all drivers and vehicles. It incorporates computer animation with live video sequences to illustrate common driving mistakes that can lead to loss of control situations.

18 Minutes

**#117 CRANE SAFETY: OVERHEAD CRANES**

*\*There is 1 companion CD with this DVD.*

Train your workers to follow safe operation procedures by creating an awareness of the hazards and a respect for the potentially catastrophic consequences of crane accidents. You will learn: Terminology; Pre-operation inspection & proper usage; Hand and light signals; and weight capacity.

18 minutes

**#140 BLOODBORNE PATHOGENS: HEPATITIS B, HIV - SCHOOLS**

*SmithKlein Beecham Pharmaceuticals (2001)*

Acts of first aid treatment and clean up of blood-contaminated items can lead to bloodborne pathogens exposures. Covers the topics of bloodborne disease and symptoms, transmission, prevention, personal protective equipment (PPE), steps to take if exposed to blood, and the Hepatitis B vaccination. The video shows specific school scenes and situations and could be used to train park and recreation employees or any other employees that work with the public.

10 minutes

**#147 CONFINED SPACE ENTRY**

*Comprehensive Loss Management, Inc. (CLMI-2001)*

OSHA requires annual training for employees who enter confined spaces. This video covers the basics of confined space entry (CSE). It should be used to augment an existing training program that covers the basics and specifics of the employer's CSE procedures.

17:30 minutes

**#148 TRENCHING AND SHORING SAFETY**

Coastal-2001

This trench safety video briefly covers the dangers of excavations and shows some trench safety systems. It explains some of the basic concepts of the OSHA excavation standard. Some of the areas that are briefly covered are soil

classification, soil testing and protective systems such as sloping, shoring and shielding. 18 minutes

**#184 WHO MOVED MY CHEESE?**

*Spencer Johnson, M.D. (2002)*

This animated video is based on the #1 best-selling business book, used in large and small organizations around the world. "Cheese" is a metaphor for what people want in life. It may be a good job, a loving relationship, money, health, peace of mind, etc. It presents an amazing way to deal with changes at work and in life so one can enjoy a more successful and less stressful life.

13 minutes

**#200 PRINCIPLES OF OFFICE ERGONOMICS**

*Comprehensive Loss Management, Inc. (CLMI) (2002)*

A general awareness of office ergonomics issues from the perspective of the employees is presented. Focusing on ergonomically correct body positions, this program offers solutions for how to compensate for workstation limitations and create a healthier and stress-free work environment for your employees. Program highlights include proper body mechanics and movement, simple ways to adjust workstations to prevent discomfort and injury, healthy work habits, stretching and relaxation activities.

14 minutes

**#202 WORKING WITH STRESS**

*A NIOSH-TV Production 2002*

All workers will face occasional frustrations on the job. But it is also true that most workers enjoy a good challenge. Challenging work motivates us to learn new skills and perform to our potential. But what happens when job demands become excessive, and when pressure builds and healthy challenge is replaced by frustration and exhaustion? Stress increases the risk of illness, injury and job burnout. It's time to learn what can be done to relieve our workforce under stress.

17 minutes

**#203 DEFENSIVE DRIVING: WHAT IS YOUR DECISION** National Safety Council (NSC-1993)

This fast-moving video discusses many aspects of defensive driving in city and rural situations. It is designed for audience participation & a written test will be included. Group discussion can be after each question or at the end of the test. (Not recommended w/o instructor) 29 min. actual runtime w/discussion.

**#239 DON'T MEET BY ACCIDENT: A GUIDE TO SAFE DRIVING**

*Colorado Intergovernmental Risk Sharing Agency( CIRSA-2000)*

This video outlines the common elements of accidents and keys to preventing them in the future. Topics include backing, rear-end collisions, intersection accidents, driving in adverse weather conditions, and proper accident response. "Don't Meet Me By Accident: A Guide to Safe Driving Instructor's Manual," is included.

21 minutes

**#246 CITIES AND THE FIRST AMENDMENT**

LMCIT-2005

Get an overview of how the First Amendment applies to cities and answers to timely questions, such as when is it free

speech vs. insubordination, and can a city place religious symbols on city property. 23 minutes

**#247 TRAINING WHEELS: TEMP/SEASONAL EMPLOYEES** LMCIT-2005

Explore what training is needed for city employees who work with mowers, weed whips, small vehicles, etc. Review special conditions for temporary help and minors. 28 minutes

**#255 WASTEWATER BACKUP AND OVERFLOW RESPONSE** Zomar Productions, Inc. -2005

“Working on backups & overflows may not be rocket science, but dealing with the public can be a fine art.” This step-by-step program teaches field personnel responding to actual backups & overflows. The program includes: Why’s and how’s of not admitting “fault” or liability during a response; How to respond in a professional and courteous manner; and Survival strategies for dealing with homeowners & residents. 23 minutes

**#256 WASTEWATER BACKUP & OVERFLOW LOSS CONTROL** Zomar Productions, Inc.-2005

An overview of issues and causes everyone faces when confronted with the costs of backups and overflows. Learn to control losses, claims, and lawsuits by using proper documentations, system management, and public education in this five-step program to “1) Document it; 2) Map it; 3) Track it; 4) Fix it, and 5) Teach it.” 23 minutes

**#257 LANDSCAPING EQUIPMENT: SAFETY AND MAINTENANCE** Wumbus-2005

Covers commonly used equipment and safe landscaping practices. Outlines the general safety rules to follow when operating mowers, cutters, knives, trimmers, and weed eaters. It also covers safety when dealing with chemicals and hazardous materials associated with this industry. 15 minutes

**#258 POWERED HIGH LIFT TRUCKS – ORDER PICKER SAFETY** Coastal 1999

Safety for order pickers who work around high-lift trucks is as important as safety for the drivers. This exceptional program focuses on the issues that will keep your order-pickers safe. Covers: OSHA Standard; Operating conditions; Tie-offs/fall protection; Tipovers. 15 minutes

**#259 BUCKET TRUCKS: EXTENDING YOUR SAFETY** Coastal 2006

Bucket trucks make jobs at high elevations easier, but if they’re not operated safely major accidents can occur. Bucket Truck Safety is a vital program that will keep your bucket truck users safe. This program covers the following topics: Operator training; Pre-start inspection; PPE; On-the-job; Electricity. 15 minutes

**#260 FORKLIFT SAFETY TRAINING PACKAGE – 2 DVD SET** Coastal 2006

Forklift Basics: Safe From the Start – This program provides details on the powered industrial truck, from the way it’s constructed to the way it works. It will help your operators understand the factors that affect forklift balance and maneuverability. Also covers the following topics: Powered

industrial trucks; Forklift operator safety; Design and controls; Pre-use inspection; Operator’s manual. 23 minutes

Forklift Maneuvers: All the Right Moves – Review of the most important forklift safety issues – from operating conditions to load manipulation. With this important information, your forklift drivers will be equipped to operate safely and avoid accidents. Also covers: OSHA compliance training requirements; Loads and stability that affect forklift safety; Lifting people; Staying safe on the forklift when dealing with hazardous operating conditions. 26 minutes

**#261 HEAT STRESS** Coastal 2005

Cramps, exhaustion and stroke can plague an employee working in a hot environment. This program focuses on preventing illness and minimizing safety hazards and complies with NIOSH and OSHA regulations. This program covers the following topics: Hazards and hot environments; First Aid. 16 minutes

**#262 BEAT THE HEAT: PREVENTING AND TREATING HEAT DISORDERS** Coastal 2005

Heat stress seems like a minor inconvenience, but for workers in the heat, it can cause bodily harm, worksite accidents and even death. This program covers the following topics: Thermo-regulation of the body; Replenishing fluids; Prevention and treatment. 17 minutes

**#263 LANDSCAPE POWER TOOLS** *Video Communications/Coastal 2006*

Concentrates on three tools; chainsaws, string trimmers, and gas powered blowers. For each type of tool the training format includes the elements of safety check and inspection before use, importance of PPE for feet, hands, head, eye, and ear protection. Gives safety precautions and techniques to prevent injury to the operator and others in the area. 23 min.

**#264 GROUNDSKEEPING SAFETY: DEALING WITH BUGS AND CRITTERS** Coastal 2005

Especially appropriate for public works employees, utility workers, landscape workers, and all others who deal with grounds maintenance. This program teaches the best ways to stay safe and avoid bites and stings. This program covers the following topics: Basic PPE and first aid; Snakes, wasps, bees, fire ants; Poison ivy/oak. 15 minutes

**#265 GROUNDSKEEPING SAFETY: BE A PRO** Coastal 2004

All workers responsible for groundskeeping need this training to prevent injury and illness. They’ll learn everything they need to know to work safely with the potentially dangerous tools and chemicals they use. This program covers the following topics: General checklist for safety; Tractors, riding mowers, push mowers; Trim and brush-cutting equipment/blowers; Checklist for hazardous materials. 17 minutes

**#266 CAVE-IN! TRENCHING AND SHORING SAFETY**

Coastal 2004

Every year about 400 U.S. workers die and 6,400 are seriously injured in trench cave-ins. That's why your employees need to understand trench hazards and how to prevent cave-ins. (Complies with OSHA 19296.650-652.) This program covers: Grain size and saturation; Cohesion and soil testing; Protective systems. 18 minutes

**#267 BLOODBORNE PATHOGENS FOR FIRE & RESCUE**

Coastal 2005

Firefighters and rescue workers face the greatest risk of exposure to bloodborne pathogens. This important program examines the threat on the job and offers precautions and guidelines to follow, so that saving someone's life doesn't endanger the lives of the fire and rescue employees. This program covers the following topics: Protective barriers; HIV, hepatitis B and C; Minimizing risk, Preventive work practices. 15 minutes

**#268 BLOODBORNE PATHOGENS FOR LAW ENFORCEMENT**

Coastal 2004

Law enforcement personnel face dangers every day, but the transmission of bloodborne diseases doesn't have to be one of them. This informative program reviews the essential elements of exposure controls. This program covers the following topics: HBV, HCV, HIV, AIDS; Infectious material; Work controls, housekeeping, PPE. 20 minutes

**#269 CONSTRUCTION ELECTRICAL SAFETY: CURRENT CONTROL**

Coastal 2000

The electricity coming into a construction site can be dangerous and deadly. This program trains construction workers in the safe way to work around electricity and covers protective devices and safe work practices. Topics are: Recognizing hazardous conditions; Understanding bonding and grounding; Using tools and temporary wiring properly; Misusing power supplies, extension cords and tools; Poor housekeeping; Working on electrical systems without qualifications and protective gear. 16 minutes

**#270 TRANSIT SECURITY: ON THE LOOKOUT**

Coastal 2006

In today's world, transit workers don't just drive buses or sell rail tickets, they handle emergency situations that can involve terrorists. Prepare your transit workers for the task with this timely program that outlines the situations workers face and how they can handle them. Program covers : Crime and terrorism; Threats; Deterrence; & Emergencies. 18 min.

**#271 SLIPS, TRIPS AND FALLS: TAKING THE RIGHT STEPS**

Coastal 2006

It may be hard to believe that slips, trips and falls are one of the leading causes of on-the-job fatalities, but it's true. Emphasize the importance of taking proper caution with this new training program. When workers follow the precautions outlined in this latest release, they will avoid accidents that can cause serious injury. This program covers the following

topics: Prevention techniques; Wet surfaces and poor weather conditions; Stairs and ladders; Housekeeping. 18 min

**#272 JOB SAFETY ANALYSIS (JSA): COACHING SAFETY PERFORMANCE**

Coastal 2004

A Job Safety Analysis determines the risks involved in the various operations in a workplace and how these risks can be avoided with smart planning. It trains supervisors on how to prepare a JSA. Topics covered: Preparing for the JSA; Self-inspection; and Identifying job steps. 15 minutes

**#273 CONTRACTOR SAFETY: IT'S EVERYBODY'S BUSINESS**

Coastal 2005

Keep your crew safe when working at a multi-employer site. This helpful program informs employees about the hazards they face on worksites with multiple "bosses" and the steps they can take to reduce the risk of accidents. This program covers the following topics: General requirements; Fire; Personal protective equipment; Permit-required confined spaces; Trenching and shoring; Lockout/Tagout; Hotwork; Chemical safety. 20 minutes

**#275 RECREATIONAL ACTIVITY LIABILITY**

Protect your entity from recreational liability with this video that's designed to help supervisors and managers of recreational facilities identify physical and personnel exposures, and controls to help prevent accidents. Topics include: Safety for Swimming Pools; Gymnastics; Skateboard Facilities; and Ice Rinks. 16 minutes

**#276 DISTRACTED DRIVING: REAL ACCIDENTS, REAL STORIES**

This film explores the variety of distractions drivers face everyday, as well as their sources. Drivers recall real life situations where minor distractions caused them to have vehicle accidents with long-term effects. 19 minutes

**#277 HEIGHTENED AWARENESS: FALL PROTECTION IN THE CONSTRUCTION INDUSTRY**

CLMI 1995

This DVD is an excellent resource to help you comply with OSHA's Fall Protection Standards for construction. Make sure your employees are ready to meet those standards! 20 minutes

**#278 CONTROLLING THE FIELD: JOBSITE SAFETY INSPECTION**

CLMI 2008

This video gives guidance to construction contractors and supervisors regarding regular job-site safety inspections. 13 minutes

**#279 PUTTING IT ALL TOGETHER: SCAFFOLD SAFETY**

CLMI 2008

This video was developed to train construction workers how to safely erect and dismantle scaffolds. 15 minutes

**#280 THE SKY'S THE LIMIT: AERIAL WORK PLATFORM SAFETY**

CLMI 2008

This video highlights potential hazards associated with construction work performed on elevated platforms. 18 min.

**#281 GETTING THE JOB DONE SAFELY: WORKER SAFETY ORIENTATION** CLMI 2008

This comprehensive Safety Orientation course covers a large number of topics, including Employee Safety Responsibility, PPE, Bloodborne Pathogens, Safe Lifting, Sanitation and Personal Hygiene, Electrical Safety, Machines/Equipment, Ergonomics, and much more. 17 minutes

**#282 HAZARD AWARENESS IS EVERYONE'S RESPONSIBILITY** CIRSA 2008

Public entity employees are exposed to a variety of hazardous conditions that can result in serious injuries and property damage. This video discusses how a three-step hazard awareness program, including hazard identification, evaluation and control, can prevent these accidents from occurring. Common physical, environmental and behavioral hazards are shown. Testimonials from employees who have had serious on-the-job injuries highlight the importance of conducting safety inspections, assessing the probability of accidents, and implementing engineering controls, administrative controls, and personal protective equipment to prevent accidents. The accompanying Hazard Awareness Handbook includes a variety of safety inspection forms, photos of common hazardous conditions, behavior based safety checklists, a risk matrix, and tips on how to implement a Job Safety Analysis program. 21 minutes

**#283 SPECIAL EVENTS, SPECIAL LIABILITIES** CIRSA 2008

Concerts in the park, festivals lasting several days, even frog jumping contests are special events with very unique liabilities for public entities. This video emphasizes the importance of pre-event planning. It covers topics such as: Site Safety Surveys; Crowd Control; Establishing Emergency Plans; Traffic Control; Common Liability Exposures; and Special Insurance Requirements. 17 minutes

**#284 HEAT STRESS: CODE RED** Coastal 2008

Heat stress, heat stroke, heat rashes, heat cramps – all are dangerous to your employees. This training DVD will give the needed knowledge to avoid the dangers of working in hot, humid conditions. It includes sessions on Acclimatization, Hydration, Proper Clothing, and Signs of Heat Fatigue. 14 min

**#285 DRIVEN TO DISTRACTION: DRIVER SAFETY** Coastal 2008

Distracted driving can be. The main character is the embodiment of the various distractions – cell phones, visiting with passengers, eating, drinking – that accompany drivers. Watch as he gleefully plots and plans to take attention from the road. The impact of this program is powerful and memorable. 17 minutes

**#286 DIVERSITY NOW** Coastal 2002  
Today's workforce is multi-racial and multi-cultural. Differences can be a source of tension and conflict. When these differences are acknowledged, respected and valued, discrimination decreases, morale increases, and productivity soars. Listen to a diner owner's conversations with his customers and appreciate the value of understanding or respecting individual differences, open communication, and dealing with conflict. 22 minutes

**#287 SAFETY COACH: THE 7 C'S OF SAFETY** Coastal 2005

Featuring the wit and wisdom of Florida State head football coach Bobby Bowden, this training video shows supervisors and employers how to actively support a safe workplace. Visit the areas of being positive, reinforcement, relationships and sharing information. This program is based on the popular book, *The Safety Coach: Unleash the 7 C's for World-Class Safety Performance!*, written by David Sarkus, MS, CSP, internationally recognized consultant, speaker and author. 19 Minutes

**#288 SAFETY ORIENTATION: DON'T BE A ZOMBIE** Coastal 2007

Alertness to and awareness of job hazards is important. Video covers critical safety information, motivates workers to protect themselves, and teaches them never to take their surroundings for granted. The video includes scenes dealing with: PPE; Back Injuries; Slips, Trips and Falls; Hazard Communication; Bloodborne Pathogens; Lockout/Tagout; and Fire Safety. 22 minutes

**#289 BEFORE YOU TURN THE KEY** Coastal 2008  
Before You Turn the Key is a program about what we need to do every time we get in a vehicle, before we turn the key. Follow the main character, Highway Patrolman Ben Sullivan, as he describes the incidents that could have been avoided if people would only take the time to think, pay attention and make the right choices – you may save a life, maybe even your own. 20 minutes

**#290 PRO-ACTIVE SAFETY ATTITUDES**  
The importance of safety equipment and safe habits – demand employees take responsibility for their own safety. Reenactments of real-life accidents motivate workers to take precautions to prevent accidents and protect employees. Coastal 2006 15 minutes

**#292 IN THE SCOPE OF YOUR AUTHORITY: PREVENTING PUBLIC OFFICIAL'S LIABILITY** CIRSA 2007  
How can elected and appointed officials avoid mistakes that can lead to liability claims? Video identifies best practices that will allow officials to be successful. Key topics include: Quasi-Judicial Hearings; Legislative matters; Delegating administrative and personnel issues; Electronic communications; and maximizing liability protections. Public Officials Liability Handbook is included. 17 minutes

**#293 WORKING SAFELY WITH SNOW PLOWS  
AND OTHER SNOW REMOVAL VEHICLES**

2008 Wumbus

Shows many different examples of snow removal vehicles such as: CDL, tractors, pick-ups, pilers, and sanders. Includes tips on dry runs and not hitting fixed objects. Pre-inspection and emergency preparedness are also incorporated into this program as well as techniques to preserve the vehicle from being damaged.

17 minutes

**#294 WORKING SAFELY IN COLD WEATHER**

2008 Wumbus

Hypothermia and frostbite can set in without warning, so this program covers proper clothing - what to have with you from head to toe. It's great for all employees who work outdoors. This program also demonstrates what frostbite and hypothermia look like, signs, and protection, as well as being prepared.

15 minutes

**#295 BLOODBORNE PATHOGENS FOR PUBLIC  
SCHOOL TEACHERS**

The Training Network-2004

A practical guide designed for teachers and other school employees handling BBP spills. This high-quality program explains how staff can protect themselves and how they can keep the classroom safe when Bloodborne Pathogens are present. This program covers the following topics; How and When to Clean Up Bodily Fluids, Handling Vomit and Urine, Exposure on the Playground, Proper Gloving and Hand Washing Techniques.

13 minutes

**#296 PRE-TRIP INSPECTION: A CIRCLE  
OF SAFETY**

2009 Wumbus

Pre-trip inspections are important and a necessary part of every work day before a vehicle is in operation. Covers the reasons behind each point of inspection and how the inspection can make a driver's day easier and safer before it even begins. Stresses the importance of an inspection so that drivers can take responsibility for knowing their own vehicle and keeping their own safety in check.

12 minutes

**#297 NONVIOLENT CRISIS INTERVENTION:  
THE PREVENTIVE TECHNIQUES**

Crisis Prevention Institute-2002

When individuals in your care become verbally disruptive or make physical threats, a human service professional must still provide for their care, welfare, safety & security, while helping them calm down and regain control. This video is designed to help staff learn how to defuse verbally disruptive individuals before they become physically assaultive. Learning these preventive techniques will give staff more confidence and more success when dealing with verbally disruptive individuals.

26 minutes

**Advancing your Verbal Intervention Skills**

This is a 3 volume DVD set: #298, #299, and #300.

**#298 Vol. 1 - Understanding Goals, Power, and  
Relationships**

Crisis Prevention Institute-2008

Have you ever noticed that some people appear to have a magic formula for turning around a potentially explosive situation? This video looks at several attributes of these skilled interveners and shows how their strategies and techniques can strengthen your own verbal intervention skills.

16 minutes

**#299 Vol. 2 - "How To" Strategies for Intervening  
with Challenging Individuals**

Crisis Prevention Institute-2008

The video focuses on strategies to use with individuals whose behavior - while not physically aggressive - is very challenging. This program will give you the "how to" strategies for effectively managing these behaviors with confidence. You'll develop new insights to help advance your verbal intervention skills.

21 minutes

**#300 Vol. 3 - Practice Scenarios**

Crisis Prevention Institute-2008

This is a great tool to help staff review and practice the new skills they learned in Volumes 1 & 2. The program depicts six different situations and includes a full description of each practice scenario, suggested training strategies, and discussion questions.

10 minutes

**#301 SAFETY PROCEDURES FOR LAWN  
MOWER OPERATORS**

(2009 Video Communications)

Learn how to select the correct mower for the job and how to properly use that mower, including: walk-behind operation; rotary ride-on operation; reel mower operation; importance of personal protective techniques for operators; maintenance tips; and safety techniques.

22 minutes

**#302 IMPLEMENTING A COMPREHENSIVE  
SAFE DRIVING PROGRAM**

Colorado Intergovernmental Risk Sharing Agency (CIRSA-2009) Vehicle accidents are the most frequent and costly types of claims for most public entities. In order to prevent and reduce the number of vehicle accidents, a comprehensive safe driving program needs to be implemented. This DVD covers key elements of a safe driver program including; motor vehicle records checks, driver training, conducting field observations, seat belt monitoring, vehicle inspections and maintenance, and accident investigations. An accompanying DVD manual includes sample policies and procedures, vehicle inspection forms, field evaluation forms, seat belt monitoring checklists, and other useful training and resource materials. 27 minutes

**#303 DEALING WITH DIFFICULT CITIZENS**

Advanced Concept Research – 2010

Encounters with difficult citizens do not happen often. In fact, they are relatively rare, but as any experienced city employee can tell you, they do happen. Give new city employees validated techniques for calming emotionally charged situations successfully. The program follows five difficult situations city employees have faced from the beginning of the incident to its successful conclusion, and includes explanations of how to assess the situation, how to position yourself, how to interact with the other person, and how to slowly take control of the situation. Obviously, there are no guarantees when it comes to dealing with difficult people, but the time tested tactics shown in this program have saved a lot of city staff members from a lot of problems for a lot of years.

10 minutes

**#304 ACCIDENT INVESTIGATION:  
THE BIG PICTURE**

Wumbus 2010

Open a discussion of unsafe working conditions and help your workers explore creative solutions. This innovative program will help your workers explore creative solutions that prevent future accidents.

- Gathering facts and information
- Evaluating accidents
- Writing accident reports

18 minutes

**#305 ARC FLASH: LIVE TO TELL**

Advanced Concept Research – 2009

Did you know that in the extreme temperatures of an arc flash blast metal vaporizes? The sound can reach 160 decibels causing permanent severe hearing damage. Make sure your workers never experience the devastation of an arc flash explosion. This life-saving training program will bring you and your workers up to speed on the 2009 version of NFPA70E.

16 minutes

**#306 ASBESTOS AWARENESS:  
UNDERSTANDING THE RISK**

DuPont Sustainable Solutions-2010

When it comes to asbestos, it's better to be safe than sorry. This important training program will provide your employees with elementary knowledge of these substances: what they are and how to work with them safely.

- The three forms of asbestos
- Adverse health effects
- Where asbestos can be found
- Hazard communication
- Personal protection
- Housekeeping requirements

With this resource, you can comply with OSHA standard 1910.1200 and keep all your workers safe. 26 Minutes

**#307 AUTISM & LAW ENFORCEMENT ROLL  
CALL BRIEFING**

Debbaudt Legacy Productions-2007

With guidance from professional law enforcement and first response advisors, this *Video* offers tips and options for communications and responses designed to successfully resolve a call involving a person with autism. This groundbreaking video features 15 children and adults at various points on the autism spectrum, an actor who has autism, actual 911 calls, and reflects American diversity. It has the look and feel of TV news, uses real life events to punctuate these issues, and on-the-job officers to deliver the message. The use of state-of-the-art editing and graphics, a creative and informative script, and action makes this video and booklet the perfect autism training tool for law enforcement. The video merges documentary techniques and vignettes to explore and explain critical autism issues for officers, including: •lack of fear of real danger, •sensory over-stimulation, •wandering and other first contact issues, •communications and behaviors, •responding to the call, •de-escalation, •restraint & arrest, •interview, •understanding legal rights, •vulnerability to street crime.

21 minutes

**#308 AUTISM, FIRE RESCUE EMERGENCY &  
MEDICAL SERVICE**

Debbaudt Legacy Productions-2007

This video illustrates autism related dispatches while offering tips, options and special tactics designed to enhance communications and manage sensory influences that can cause behavioral outbursts in the field and emergency room. State-of-the-art editing, creative scenarios, persons with autism and action make this video the perfect autism tool for professional fire-rescue and emergency medical services trainers. Training to ensure critical decision making and safety are the keys to finding success when interacting with a person with autism. Features children with autism at various points on the autism spectrum, interviews with and advice from with Fire-Rescue and Emergency Medical Services autism training experts, and scenarios developed from real life field situations.

17 minutes

**#309 BLOODBORNE PATHOGENS: JUST THE FACTS**

Coastal-2010

Let this program help you meet the annual training requirement for any employee who can be reasonably expected to be exposed to blood or bodily fluid on the job and use it to prepare all employees to deal safely with this type of exposure. Gives viewers a complete picture of the risks of exposure, the kinds of diseases potentially present in blood and bodily fluids and the best practices to implement in order to stay safe in the event of exposure.

16 minutes

**#310 COMBUSTIBLE DUST: UP IN A FLASH**

Coastal-2008

Combustible dust is a danger in any workplace that creates or accumulates dust. This life-saving training DVD will show your employees how to control the danger with good housekeeping measures and safe work practices. 13 minutes

**#311 CONFINED SPACE ENTRY: INSIDE MANEUVERS**  
Coastal-2010

Working in a confined space is a lot like working in a submarine -- space is tight, atmospheric conditions are critical and potential hazards abound. The USS Atlanta, a United States naval submarine, and its crew is used as a dramatic backdrop to compare the dangers of working in a submarine with those of working in a confined space. 23 minutes

**#312 CONFINED SPACE ENTRY: KEEPING PUBLIC EMPLOYEES SAFE**  
Coastal-2010

There is no shortage of potential hazards when working in a confined space. Use this program to train your public employees to work safely in these dangerous spaces and keep your organization OSHA compliant. 27 minutes

**#313 CONFLICT RESOLUTION: A WIN/WIN APPROACH**  
Coastal-2008

All relationships experience some kind of conflict. This is normal and at times, even necessary for continued growth and development. But if it is dealt with improperly, it can spiral out of control and end up in violence or worse. Ensure that your employees understand the nature of conflict, show them successful conflict resolution methods. Have them master the techniques that ensure a win-win situation. 25 minutes

**#314 CONSTRUCTION, STAIRWAYS & LADDERS: The First Step**  
Coastal-2008

Ladder Safety: In construction, the risks are high and safety standards must not come crashing down. Before your employees step on that stairway or ladder, they must review the crucial safety precautions in this program. 13 minutes

**#315 DEFENSIVE DRIVING FOR GOVERNMENT EMPLOYEES**  
Coastal-2008

Every 12 minutes in the United States, someone dies in a car accident. Every 14 seconds someone suffers a disabling injury. That's nearly 43,000 deaths and countless more major injuries every year on our roads. And for government employees, motor vehicle accidents are by far the leading cause of death on the job. This program looks at techniques to help prevent accidents from happening, and in the case of unavoidable accidents, help lessen their severity. 19 minutes

**#316 DISTRACTED DRIVING: REAL ACCIDENTS, REAL STORIES – PART II**  
WUMBUS-2010

Currently, 20% of all crashes are related to distracted driving. In this powerful production, gut wrenching and life changing testimonials are illustrated to the audience. Covered are how conversations can become a distraction to the driver and create a moment of inattention. Also included are two tragic stories of people and their families whose lives were impacted with fatalities due to the driver using a cell phone and the other using a navigation system while driving. Information is presented throughout the program to teach the professional driver how to choose alternative behaviors to avoid becoming a part of this growing statistic. 15 minutes

**#317 DROWSY DRIVING: IT'S YOUR WAKE UP CALL**

This incredibly loaded video is filled with important information for professional drivers who travel both short and long distances as part of their workday. While addressing the 100,000+ crashes that occur each year from drowsy driving, the viewer will be taught how to effectively identify and manage driver fatigue. Also covered are: lack of sleep, stress, diet, medications, micro naps, night driving and grave yard shifts, & the sleepy feeling when returning to work after lunch. WUMBUS-2010 20 minutes

**#318 ELECTRICAL SAFETY: BEWARE THE BITE**  
Coastal-2010

An electrical shock is like the bite of a poisonous snake! Take the sting out of the danger now and protect your employees with life-saving information. Sink your teeth into this program that gives the low-down on electrical safety. 20 min.

**#319 EMERGENCY ACTION PLAN: CRISIS UNDER CONTROL**  
Coastal-2009

Disasters - natural or man-made - can occur anytime, and an Emergency Action Plan must always be at hand to help your employees respond to the situation. It is essential not only for OSHA compliance but also for survival and minimization of loss. Cook up a strategic emergency plan by following the guidelines in this program. 16 minutes

**#320 EMERGENCY ACTION PLAN: LESSONS FROM GROUND ZERO 2-PART TRAINING DOCUMENTARY** (Coastal-2002)T

This program -- the first part in our Lessons From Ground Zero training documentary -- introduces some of the experts who protected the rescuers during the WTC evacuations, both for February 26, 1993 and September 11, 2001. Go behind the scenes of these tragic events, learn from the experiences and find out how your facility can survive such disasters: by planning for the unthinkable and creating the best possible evacuation plan. 30 minutes

**#321 EMERGENCY RESPONSE DRIVING**  
Coastal-2008

There are risks when you're at the wheel, but when you're driving an emergency vehicle -- with lights and sirens blaring -- the risks multiply! This program shows what it means to drive during emergencies and includes important tips to ensure that drivers reach their destinations - ON TIME, SMOOTHLY and SAFELY. 18 minutes

**#322 DEFENSIVE DRIVING: EMOTIONAL WRECK**  
Coastal-2009

Aggressive driving is responsible for 1,500 deaths each year. Give your employees this eye-opening look at what constitutes aggressive driving, what contributes to it and how one driver's acts can cause a "domino effect" of bad decisions that may lead to tragedy. After watching this dramatic exposé of the dangers of impatience, selfishness, obliviousness and competitiveness behind the wheel, your employees are sure to take a deep breath and drive as if their lives depend on it. 24 Minutes

**#323 EMPLOYEE WELLNESS: A WAY OF LIFE**

Coastal-2011

Wellness and job performance is linked. Video explores the concept of wellness - the state of being at your physical, mental, emotional and spiritual best - and shows practical, every day steps employees can take towards attaining wellness.

10 minutes

**#324 EYE PROTECTION: WHY GAMBLE?**

Coastal-2007

Don't turn a blind eye to the accidents! Take a look at this award-winning program and see the ways to avoid eye injuries. Also outlines emergency procedures & complies with OSHA's Eye Protection Standard (1910.133).

15 minutes

**#325 FIRST AID: PREPARED TO HELP**

Being first on the scene of a workplace accident can be cause for panic. But with the training provided in this program, you can be confident that your employees can keep their cool, respond swiftly & apply life-saving measures. Get first-aid tips.

Coastal-2009

16 minutes

**#326 FIRE SAFETY: ALERT, AWARE, ALIVE**

The heat is off with this program. Show your employees life-saving information on the different types of fires, how they can be prevented and what should be done in case of a fire.

Coastal-2009

15 minutes

**#327 FORKLIFT BASICS: SAFE FROM THE START**

This forklift operator safety training that will help keep your workplace in compliance with OSHA's forklift safety standards. This program provides details on the powered industrial truck, from the way it's constructed to the way it works. It will help your operators understand the factors that affect forklift balance and maneuverability.

Coastal-2010

22 minutes

**#328 HAND PROTECTION: LESSONS FOR A LIFETIME**

Coastal-2010

Give your workers the upper hand when it comes to hand safety. They'll watch workers recount their gripping experiences with hand injuries and learn how their mishaps, involving tools, machines, ergonomics and electricity, occurred. Discusses different glove types - what they are, how they are used and when they are used.

22 minutes

**#329 HAND TOOL SAFETY OVERVIEW: GIVE SAFETY A HAND**

Coastal-2009

Many employees have used hand tools for so long that they forget the basic safety measures. Give your employees a review of the basic procedures to prevent careless incidents from occurring.

15 minutes

**#330 HAND WASHING: AVOIDING GERMS AND VIRUSES AT WORK**

Coastal-2008

Each year, millions of people get sick. Whether it's the common cold, the flu or something more serious, we miss a lot of work. This results in lost productivity that costs businesses billions of dollars each year. You may be a

teacher, a carpenter, a line supervisor in a canning plant or the CEO of a Fortune 500 company. If you come to work when you are sick, you risk spreading those germs to everyone around you. That's why hand washing is so important. Hand washing is a very simple practice that can greatly reduce your chance of getting sick.

8 minutes

**#331 HARASSMENT IN THE PUBLIC SECTOR: A CLEAR PICTURE**

Coastal/Dupont-2010

Effective anti-harassment training is one of the best ways to eliminate harassing behaviors from your agency or department. The story is told from the point of view of a news team researching the topic of harassment in the public sector. It uses a straight-forward approach and engages the viewer with a touch of humor.

This Program Covers: **Quid pro quo** - "something for something" used as a basis for employment decisions affecting the individual. **Hostile Environment** - when unwelcome conduct interferes with job performance and morale. **Reasonable Person Standard** - the victim's perception, what a reasonable person thinks is out of bounds or interferes with work. **No Fear Act** - agencies are accountable for violations of anti-discrimination and whistleblower protection laws.

Make sure your employees have a clear picture when it comes to their role in preventing and reporting harassment in your workplace.

20 minutes

**#332 HAZARD COMMUNICATION: ELEMENTS OF SAFETY**

Coastal/Dupont-2010

Safety involves everyone, so inform all your employees about the hazards of various chemicals at work. Comply with OSHA's Right-To-Know Standard with this life-saving training program. This look at hazard communication will familiarize workers with physical and health hazards, how exposure can occur, exposure limits, and material safety data sheets.

19 minutes

**#333 HAZARD COMMUNICATION FOR PUBLIC EMPLOYEES**

Coastal/Dupont-2007

It's safer to be informed, especially on dangerous chemicals. This important training program will provide your employees with elementary knowledge of these substances: what they are and how to work with them safely. With this resource, you can comply with OSHA standard 1910.1200 and keep all your workers safe.

18 minutes

**#334 HAZWOPER FIRST RESPONDER: AWARENESS LEVEL**

Coastal/Dupont-2007

Don't be caught unawares when HazMat accidents occur! Get a comprehensive overview of HAZWOPER with this program, which outlines its five levels and explains what responders at the first stage - awareness - must know and do.

15 minutes

**#335 HEARING PROTECTION: SOUNDS GOOD TO ME** Coastal/Dupont-2008

Start your hearing protection training with a bang! Study how this delicate organ works and how it's affected and damaged by noise. Control noise level, understand Noise Reduction Ratings and use the appropriate ear PPE: earplugs, canal caps, and earmuffs. Also discusses audiometric testing - a simple and painless test to detect hearing loss. 14 minutes

**#336 HOUSEKEEPING: IT AIN'T LIKE THE MOVIES** Coastal/Dupont-2005

Housekeeping may not be as glamorous and adventurous as other jobs, but it has its attendant dangers nonetheless. Falls, for instance, account for ten percent of on-the-job deaths. Review the importance of good housekeeping and the necessity of weeding out potential dangers in your facility. 15 minutes

**#337 INCIDENT COMMAND SYSTEM: WHEN DUTY CALLS** Coastal/Dupont-2006

In construction, the risks are high and safety standards must not come crashing down. Before your employees step on that stairway or ladder, they must review the crucial safety precautions in this program. 20 minutes

**#338 JUST ANOTHER DAY** Coastal/Dupont-2009  
(Hazard recognition for experienced worker)

Are your veteran employees getting complacent about safety? Do they skip the safety procedures at times assuming that since they've done something dozens of times, they can skip them without consequences? Stop this mindset from taking hold with this new hazard recognition training program developed especially for the experienced worker. Your employees will keep score as they follow the five main characters through a typical work day. Count how many hazards they miss as they encounter one risky situation after another until the sobering ending. Shows workers:

- The importance of staying focused
- The danger of becoming distracted
- Why the proper use of PPE is essential
- Why safety procedures must be followed at all times.
- The risks of getting complacent 20 minutes

**#339 LOCKOUT/TAGOUT: LIGHTNING IN A BOTTLE** Coastal/Dupont-2010

Fatal injuries occur when hazardous energy is released and safety precautions are not in place. Never allow that to happen. Bottle up that uncontrolled energy, train your employees and boost your lockout/tagout measures with this shockproof program. 15 minutes

**#340 MACHINE GUARDING: SAFEGUARD YOUR FUTURE** Coastal/Dupont-2009

Practically every machine has some sort of machine guarding - a shield, automatic shutoff or even a laser curtain - to protect workers if a body part should come in contact with the machine. In fact, OSHA requires specific machines to have specific guards. Make sure your employees understand the

importance of knowing about and using the machine guards meant to protect them. 24 minutes

**#341 MRSA AWARENESS (Cold & Flu)** Coastal/Dupont-2008

There is widespread concern over the risk of exposure to the deadly MRSA infection. This staph infection is not confined to hospitals anymore and has become a new threat known as community-associated MRSA. Help your employees protect themselves and their families with the information on how exposure occurs and the best ways to protect themselves in this timely training program. 15 minutes

**#342 OFFICE SAFETY: IT'S A JUNGLE IN THERE** Coastal/Dupont-2008

Every year, about six million people get hurt at work. And more than 400,000 are just like your employees...they work in offices fraught with hidden and tricky dangers. This program shows how to cope with the risks so that your workers can negotiate their way safely around the dangerous jungle that is the office. 20 minutes

**#343 OSHA: AN INTRODUCTION** Coastal/Dupont-2004

No losses are acceptable when it comes to workplace injuries or fatalities, so the Occupational Safety and Health Administration (OSHA) was established to develop and enforce job safety and health standards. This video program will familiarize you and your employees with the mission and workings of OSHA. 19 minutes

**#344 PERSONAL FALL PROTECTION: ONE STEP BEYOND** Coastal/Dupont-2008

Each year around 150 to 200 workers are killed and more than 100,000 are injured because of falls. When your workers are working at heights, you cannot let safety standards come crashing down. This training program, based on Subpart M of OSHA Standard 1926, highlights fall protection measures for general industry employees. 13 minutes

**#345 PERSONAL PROTECTIVE EQUIPMENT: THE RIGHT CHOICE** Coastal/Dupont-2008

Are your people too stubborn to wear their PPE? Give them a first-hand look at the tragic consequences when they don't. Have them watch a worker's testimony on how he was injured because he didn't wear the right equipment. Once your workers see what COULD happen, then perhaps, unlike the worker in this riveting training program, they'd be more likely to take their PPE seriously. 19 minutes

**#346 PERSONAL PROTECTIVE EQUIPMENT: REALITY IN THE PUBLIC SECTOR** Coastal/Dupont-2007

Trends may come and go, but safety will not. All the time, every time, public sector employees must wear their PPE. They face a lot of risks and must be prepared. Otherwise, the results can only be tragic. Give them a first-hand look at the consequences of not wearing PPE, through a worker's recounting of his accident. Stress the importance of using protective equipment. 19 minutes

**#347 PORTABLE FIRE EXTINGUISHERS**

Coastal-2010

Don't let your assets turn into ashes. Put out the fire with this program that explains the different classes of fire and offers practical tips on fire extinguisher use. 10 minutes

**#348 PUBLIC BUILDING SECURITY: IT'S EVERYONE'S CONCERN**

Coastal/Dupont-2007

Buildings are not as safe and secure as they once were. They are vulnerable to more dangers, including terrorist attacks. It is thus more important than ever NOT to let safety standards crumble down. Build a solid foundation of safety with this program, which examines vital building security measures to ensure the safety of everyone. 18 minutes

**#349 RESPIRATORY PROTECTION: ANOTHER WORLD**

Coastal/Dupont-2010

Breeze through the airborne dangers with this program. Comply with OSHA 1910.134 and help workers avoid exposure to hazardous substances, which lead to serious health effects and other chronic illnesses. 19 minutes

**#350 ROADWAY WORKER SAFETY: IN THE ZONE**

Coastal/Dupont-2004

Roadway work is full of potential hazards — from passing traffic and trenches to electrical wires and hearing loss. Help reduce injuries and fatalities with this vital training program. 19 minutes

**#351 RUDY: SAFETY TAKES COURAGE**

People might ask me, 'Hey, what do you know about safety?' And I can say to them, I know because I watched a friend die in my arms. And I know why he died. Because he didn't follow simple procedures."--Daniel 'Rudy' Ruettiger. In this handbook, Rudy recounts a friend's death, a tragedy that altered the course of his life. It taught him how character is essential to safety.

Coastal/Dupont-2002

16 minutes

**#352 SPILL PREVENTION AND CONTROL: INSURING A SAFER WORLD**

Spill prevention control and countermeasures, or SPCC, was enacted by the EPA to protect our waterways and shorelines from oil spills. The rule considers many substances other than petroleum to be "oil". For instance, animal-based oil, vegetable oil and biofuel are covered by the rule. Make sure your employees are familiar with the prevention and control measures they must take in the event of a spill at your facility. 16 minutes

Coastal/Dupont-2009

16 minutes

**#353 STRESS: YOU'RE IN CONTROL**

Stress affects how we approach our jobs, how we accomplish our jobs and how we interact with co-workers. We can't eliminate stress, but we can learn to manage it better than usual. In fact, in moderation, it is actually a source of motivation.

Coastal/Dupont-2004

25 minutes

**#354 TRENCHING AND SHORING SAFETY**

OSHA estimates approximately 90 deaths and thousands of injuries occur each year because employees don't know basic trenching and shoring safety guidelines. Video covers the practical safeguards that can prevent these needless casualties.

Coastal/Dupont-2008

16 minutes

**#355 UNDERSTANDING THE NEW ADA**

Coastal/Dupont-2009

The A.D.A. Amendments Act (A.D.A.A.A.) was signed into law in 2008 and is now in effect! The Americans with Disabilities Act now has been clarified and significantly expanded. As a result, many more people will fall under the coverage of this important law. This is good news to many people, but it raises some concerns for supervisors and managers. This program will cover the fundamentals of the original A.D.A. and explain the changes that are now in effect because of the new Act. Managers and supervisors will get answers. 22 minutes

**#356 WELDING: SAFE WORK WITH HOTWORK**

Coastal/Dupont-2010

In hotwork operations, safety is a burning issue. But through this program, you can cool down the risks and torch the dangers. It details various types of welding and corresponding vital precautions. 18 minutes

**#357 WORKPLACE VIOLENCE: FIRST LINE OF DEFENSE**

Coastal/Dupont-1994

Workplace Violence costs American companies \$4.2 billion annually and is the country's second leading cause of on-the-job deaths. Learn to recognize the warning signs of impending violence and stop the process before it's too late. Using Interviews with a convicted perpetrator and dramatizations of typical behaviors that precede violence, the program illustrates how employees and managers can deal effectively with threats and intimidation. Garry Mathiason, Sr partner with the country's largest employment and labor law firm, discusses the legal implications of dealing with a potentially violent employee, and Chris Hatcher, a clinical psychologist, offers suggestions for incident management. *Key Learning Points:* Learn the profile of a potential perpetrator; Recognize behavioral warning signs; Document threatening behavior; Deal with problem behaviors before they escalate into violent acts. (Leader's Guide, Participant Workbook) 30 minutes

**#358 2 Important Programs on one DVD**

Municipal Excess Liability (MEL) Joint Insurance Fund 2011  
**1) CHANGING THE WAY WE THINK ABOUT SAFETY**  
 Safety is an attitude that allows us to understand and reduce risks. Demonstrates a proven safety strategy for governmental entities that empowers workers to take a more active role in creating a safer, more efficient working environment. Also discusses the need to revitalize the Safety Committee to consistently follow safety procedures and to enforce a “no tolerance” policy toward harassment & discrimination. 12 min.  
**2) NO TOLERANCE**

Employees of local government have certain rights and obligations. Federal and state laws, as well as policies of each employer, cover such important areas as: Safety, Discrimination, Violence, Harassment, Retaliation & Conflicts of Interest. Following proper guidelines protects everyone and makes for a better working environment. 10 minutes

**#359 SAVED BY THE BELT MNDOT-2006**

Emphasizes the importance of seat belt use. The ‘Seat Belts Save Lives’ message is delivered by a number of Mn/DOT employees who share their personal experiences, as well as by emergency responders, who see what happens when seat belts are not worn. 8 minutes

**#360 AQUATIC RISK MANAGEMENT: KEEPING YOUR HEAD ABOVE WATER**

*Colorado Intergovernmental Risk Sharing Agency( CIRSA-2012*  
**Swimming Pools & Aquatic Facilities:** This video can help public entities avoid some of the risks associated with operating aquatic facilities. The number and complexity of aquatic facilities has grown significantly over the years, which has contributed to an increased risk of drowning, spinal injuries, slips and falls and other serious incidents. The key topics that are discussed in this video include:

- Personnel and supervision
- Lifeguard training

- Emergency action plans
- Patron communication and education
- Employee safety
- Facility design, inspection, and maintenance. 25 minutes

**#361 SCENE SAFE: Roadway Incident Management Video Training Program by Minnesota’s First Responders State Fire Marshall, MN Department of Public Safety**

Minnesota’s emergency responders face great potential for tragedy while en route to or on scene of a roadway incident. SceneSafe, a 30-minute video, is an important training guide for EMS, firefighters, and law enforcement officers. Learn best practices and safety measures for addressing roadway incidents to avoid mistakes that could have life-changing consequences.

The SceneSafe Training Video Includes:

- Dramatic stories of Minnesota first responders killed and injured when on-scene of a crash.
- Instruction and considerations for properly responding to roadway incidents.
- Critical tips and advice for setting up emergency traffic control scenes.

The video is broken into six chapters. You can view the entire video or watch an individual chapter.

30 minutes

**#362 THE COMING STORM: An Active Shooter tabletop exercise** FBI – 2015  
 Produced by the FBI, this moving and thought provoking film draws from real-life active shooter incidents. It is a unique training tool for law enforcement, paramedics, fire, and other first responders, designed to inspire discussion, preparation, and collaboration in managing these devastating and potentially overwhelming events. 42 minutes

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